

RESTITUTION I – Intro to Restitution Self-Discipline
Cindy Levesque-Brown (No Prerequisite)
MON & TUES, Aug. 18-19, 2014

Restitution is a program created by Diane Gossen, based on the work of William Glasser's Control Theory and the principles of Aboriginal Restorative Justice. It provides those working with children hands-on skills to use when dealing with difficult behavior. Traditional discipline programs are based on stimulus-response psychology and focus on consequences; either positive ones such as rewards or negative ones such as the removal of privileges. Drawing from current research on the brain functioning, Restitution recognizes that for true learning to occur, the process that children must engage in is an internal one. Restitution teaches youth self-discipline and skills needed to promote independence, critical thinking skills and acceptance of personal responsibility for one's actions.

RESTITUTION II - Implementing Restitution
Diane Gossen (Prerequisite: Restitution I)
MON & TUES, Aug. 18-19, 2014

This workshop is for participants who are currently experimenting with ideas of Restitution in their personal lives and at the classroom level. This course is designed to assist teachers and administrators to assess their current practices in their schools and ask themselves, "Is what we are doing now getting us what we want?" This course will outline the ways in which Restitution can impact on the system by using school beliefs.

RESTITUTION III B – Restitution Elementary Teaching Strategies
Cindy Levesque-Brown (Prerequisite: Restitution I)
WED, Aug. 20, 2014

A one-day practical, make and take workshop on how to teach students about Restitution and Control Theory. Teach students about basic needs, components of their behavior, how their brains work, how to work as a team to create a social contract, to define jobs, and to find solutions using the Restitution statements. Course includes materials & practical hands on activities, board games & songs that participants can take back to their classroom.

RESTITUTION IVC – Restitution for Parents
(No Prerequisite) Rebecca Gray
WED, Aug. 20, 2014

Caught in the cycle of ever-increasing punishments to motivate your children? Tired of bribing your children to behave? Want your children to be self-motivated? Learn why children behave, how to set them up for success, and learn concrete tools for tough situations. Learn to encourage children to take responsibility for their actions & be self-disciplined.

CREATING THE CONDITIONS –A Proactive Approach to Leadership
Diane Gossen (No Prerequisite)
THURS, Aug. 21, 2014

This session addresses issues like decision making, information sharing, diversity, conflict & understanding the change process. Do you understand the change process? Using experience working with districts in twenty-seven states, "Creating the Conditions" presents a model for building a caring community for all stakeholders, developing vision, shifting to internal motivation, and promoting risk taking by collapsing conflict. Are you in a multi-site, multi-year Restitution innovation process? This is a practical session for administrators to understand the change process & will include the book: *Creating the Conditions, Leadership for Quality Schools*.

CONTROL THEORY I (Basic)
Ruth Hargrave & Rebecca Gray
MON & TUES, Aug. 18-19, 2014 (No Prerequisite)

Restitution is based on the principles of Control Theory. This course is a "must" for those who want to deepen their understanding of Restitution. Control Theory I is intended to be an introductory class for those with little or no exposure to Control Theory. Learn how to tap into intrinsic motivation, which is a key component in creating 21st century thinkers. Learn practical strategies to use in your personal and professional life.

CONTROL THEORY II (Advanced)
Della Yaroshko
WED & THURS, Aug. 20-21, 2014
(Prerequisite: Control Theory I)

This course is designed to develop and refine skills in the application of Control Theory. Each participant will receive a manual. Emphasis is on personal integration and active, fun learning.

Restitution & Control Theory
Location & Times

Times: 9:00 am-4:00 pm each day

RESTITUTION I – Mon-Tue, Aug.18-19
RESTITUTION II – Mon-Tue, Aug. 18-19
RESTITUTION IVC – Wed, Aug 20
CREATING THE CONDITIONS – Thurs, Aug 21
RESTITUTION IIIB –Wed, Aug 20
CONTROL THEORY I – Mon-Tue, Aug. 18-19
CONTROL THEORY II –Wed-Thurs, Aug. 20-21

Location:

Sturgeon Heights Collegiate
2665 Ness Avenue
Winnipeg, MB

For information on courses,
please contact:

Cindy Levesque-Brown
Phone: 204-414-1933

OR

Rebecca Gray at
rgray@rrsd.mb.ca

No cancellations will be accepted
after August 1, 2014.
Substitutions will be accepted.

Department of Ed Certification
confirmed for all 2 day workshops in
Restitution/Control Theory:

- **Level 1 & 2 Administrator**
- **Special Education**
- **School Counsellor**

Registration Form

To register, mail to:

Restitution Summer Institute
526 Greenacre Blvd
Winnipeg, Manitoba
R3K 1B8

Name _____

District: _____

School: _____

Grade: _____

Position: _____

Phone: w _____

h _____

E-mail: _____

Please make PO or cheque payable
to

Restitution Resource Reps Inc.
for the following workshop(s):

- Restitution I (2 days) - \$230.00**
- Restitution II (2 days) - \$230.00**
- Restitution IIIB (1 day) - \$150.00**
- Restitution IVC (1 day) - \$100.00**
- Creating the Conditions (1 day) - \$150.00**
- Control Theory I (2 days) - \$230.00**
- Control Theory II (2 days) - \$230.00**

SEMINAR LEADERS



RESTITUTION SELF-DISCIPLINE & CONTROL THEORY WORKSHOPS Winnipeg, MB August 18-21, 2014

Dept. of Ed
Certification

To organize an on-site day of Control Theory
or Restitution please call
204-782-0103 or 204-889-4432

Diane Gossen

Diane has taught Control Theory for the past 20 years throughout Canada, the United States, Europe and Asia. She has been a presenter for ASCD, Phi Delta Kappa Institute, the Austral-Asian Cooperative Learning Conference and International Reality Therapy Conferences. Diane served on the faculties of several universities and has done training for a broad range of school based programs, drug rehabilitation centers and correctional facilities. She is the author of *Restitution: Restructuring School Discipline*, *My Child Is A Pleasure* and is co-author with Judy Anderson of *Creating the Conditions: Leadership for Quality School* and most recently, *It's All About We*.

Della Yaroshko

Della has her Masters Degree in Clinical Social Work and has been practising in the Saskatoon community for the last 31 years. She has completed training programs in a number of different counselling models including Somatic Experiencing, EMDR, Reality Therapy/Choice theory, Redecision Therapy, Bioenergetics, Ericksonian Hypnoses, Narrative Therapy, Group Psychotherapy and Solution Focused Therapy. She is currently the Co-ordinator of the Response to Violence Programs for the Saskatoon Health Region. In the past she was employed in a forensic hospital and has worked in acute care social work and out patient mental health programs.

SEMINAR LEADERS

Ruth Hargrave

Ruth is presently self-employed, doing consulting and providing workshops for Restitution/Control Theory, as well as Developmental Teaching, Theraplay & Youth Leadership. Ruth has taught students from K-9, specializing in ELA and Guidance Counselling and most recently in Behavior Intervention with the Louis Riel S.D. She is presently enjoying educating teachers, parents, and students K-12 as well as University students.

Cindy Levesque-Brown

Cindy has a passion for Restitution, teaching, children & coaching. Her experience is primarily with K-6 but she has taught grades 7-9 also. Cindy is a counselor and has over twenty years of teaching experience in all areas. She currently works Behavior and Learning Support for the Pembina Trails School Division. She has presented numerous bilingual Restitution workshops to a variety of professionals, student teachers & parents. She enjoys sharing her Restitution journey as a teacher, Métis, and parent of 2 teenagers.

Rebecca Gray

Rebecca has worked as a social worker and foster parent in a treatment foster care program with MacDonald Youth Services, as social worker for Child and Family Services, as a School Behavior Specialist and as a School Guidance Counsellor. Presently she is employed by Rolling River School Division where she offers support and training to teachers and parents in dealing effectively with difficult behaviours. Rebecca incorporates control theory into all her work, teaching Restitution both in her work with individuals as well as with groups of teachers and parents.

Comments About Restitution

“RESTITUTION - a sensible way of working with students to solve problems.”

*Alfie Kohn, author of
Punished by Rewards and Beyond Discipline*

“RESTITUTION has made the children feel much better about themselves. They're stronger. They've become problem solvers. They're coming up with solutions on their own.

*Lisa Vetrano
School Counselor, North Carolina*

“As a model for classroom management, RESTITUTION is complete, it makes sense, and it will make a difference in the classroom.”

*Dr. Paula Martin, Director, Institute for
Professional Development, University of
Central Florida*

“I have worked in education for many years and have seen countless trends come and go, but I have a different sense about this process. The reason is that it fits with our traditional Inuit knowledge – it comes from the heart.”

*Department of Education Staff Member
North West Territories*

Visit our web site to view our resource list at
www.realrestitution.com

